



a program of Baruch Senior Ministries

September 2024	Monday September 2nd	Tuesday September 3rd	Wednesday September 4th	Thursday September 5th	Friday September 6th	Saturday September 7th	Sunday September 8th
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Sausage, Egg & Cheese Breakfast Sandwich, Fruit	Cheesy Ham & Potato Breakfast Casserole, Fruit	Cereal, Toast, Fruit	Bacon, Eggs, Toast, Fruit	Blueberry Pancakes, Fruit
LUNCH	Fried Chicken, Mashed Potatoes & Gravy, Corn	Beef Stroganoff over Fettuccini, Broccoli	Baked Ham, Scalloped Potatoes, Green Beans	PIZZA PARTY, Garden Salad	Swiss Steak, Butter Noodles, Roasted Carrots	Sweet & Sour Chicken, Rice, Spring Rolls	Burritos, Spanish Rice
DINNER	Sausage & Hashbrown Casserole with Cheese, Garden Blend Veggies	Chicken Pot Pie Soup, Homemade Crackers	Italian Pasta and Pizza Bake, Garlic Bread	Turkey & Cheese Melted Wraps, Potato Salad, Applesauce	Garden Vegetable Soup, Dinner Rolls	Cheeseburgers, Potato Salad, Baked Beans	Jumbo Stuffed Shells, Garlic Sticks
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES

Menu is subject to change; corrections will be made on facility menu.



a program of Baruch Senior Ministries

September 2024	Monday September 9th	Tuesday September 10th	Wednesday September 11th	Thursday September 12th	Friday September 13th	Saturday September 14th	Sunday September 15th
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Cheesy Scrambled Eggs, Toast, Fruit	Hashbrown, Eggs, Toast, Fruit	Cereal, Toast, Fruit	Bacon, Eggs, Toast, Fruit	Waffles, Fruit
LUNCH	Baked Cod, French Fries, Green Beans	Meatloaf, Scalloped Potatoes, Broccoli	New England Boiled Dinner, French Bread	Breaded Pork Chops, Baked Potatoes, Creamed Corn	Nacho's, Spanish Rice	Baked Chicken, Roasted Potatoes, Cauliflower	Lasagna, Garlic Sticks
DINNER	Italian Minestrone Soup, Dinner Rolls	Goulash, Italian Bread, Cottage Cheese	Breaded Chicken Tenders, Pasta in Garlic Sauce, California Blend	Stovetop Stuffing Bake, Side Salad	Tomato Soup, Grilled Cheese, Peas & Carrots	Sloppy Joes, Macaroni Salad, Baked Beans	Chicken & Rice Casserole
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES

Menu is subject to change; corrections will be made on facility menu.