



a program of Baruch Senior Ministries

August 2024	Monday August 5th	Tuesday August 6th	Wednesday August 7th	Thursday August 8th	Friday August 9th	Saturday August 10th	Sunday August 11th
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Scrambled Eggs, Toast, Fruit	Residents Choice Oatmeal, Cereal or Eggs	Cereal, Toast, Fruit	Breakfast Sandwich, Fruit	Sausage Gravy over Buttermilk Biscuits, Fruit
LUNCH	Fried Chicken, Mashed Potatoes & Gravy, Broccoli	Vegetable Beef Soup, French Bread	Sausage & Hashbrown Casserole, Vegetable Blend	Quesadilla's, Spanish Rice	Chicken Alfredo, Peas	Meatloaf, Scalloped Potatoes, Green Beans	BBQ Chicken, Mac-N-Cheese, Corn
DINNER	Hot Dogs, French Fries, Baked Beans	Chicken – Bacon & Ranch Pizza, Side Salad	Meatball Subs, Macaroni Salad, Applesauce	Grilled Ham & Cheese, Roasted Potatoes, Cauliflower	Cheeseburger Pie, Roasted Carrots	Stewed Chicken over Garden Rice, Applesauce	Taco Bake, Side Salad
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES

Menu is subject to change; corrections will be made on facility menu.



a program of Baruch Senior Ministries

August 2024	Monday August 12th	Tuesday August 13th	Wednesday August 14th	Thursday August 15th	Friday August 16th	Saturday August 17th	Sunday August 18th
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Cheese Omelets, Toast, Fruit	Residents Choice Oatmeal, Cereal or Eggs	Cereal, Toast, Fruit	Bacon, Eggs, Toast, Fruit	Pancakes, Fruit
LUNCH	BBQ Chicken, Mac-N-Cheese, Green Bean Casserole	Beef Ravioli with Marinara Sauce, Garlic Sticks	Baked Chicken Thighs, Roasted Redskins, Cauliflower	Hamburger Patties, Mashed Potatoes & Gravy, Corn	Cheddar Brats, French Fries, Peas	Sweet & Sour Chicken, Rice	Pork Roast, Scalloped Potatoes, Roasted Carrots
DINNER	Vegetable Beef Stew over Buttermilk Biscuits	Old Fashion Chicken Noodle Soup, French Bread, Cucumber Salad	Taco's! Cottage Cheese, Applesauce	Stuffed Jumbo Shells, Side Salad	Creamy Ham & Potato Soup, Dinner Rolls	Toasted Club Sandwich, Sweet Potatoes, Baked Beans	Chicken Salad Sliders, Macaroni Salad, Applesauce
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES

Menu is subject to change; corrections will be made on facility menu.



a program of Baruch Senior Ministries

August 2024	Monday August 19th	Tuesday August 20th	Wednesday August 21st	Thursday August 22nd	Friday August 23rd	Saturday August 24th	Sunday August 25th
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Corn Beef Hash, Eggs, Toast, Fruit	Scrambled Eggs or Cereal, Toast, Fruit	Cereal, Toast, Fruit	Bacon, Eggs, Toast, Fruit	Waffles, Fruit
LUNCH	Fried Chicken, Mashed Potatoes & Gravy, Broccoli	Spaghetti & Meat Sauce, Garlic Sticks	Herb Baked Chicken Thighs, Baked Potatoes, Green Beans	Philly Cheesesteak Casserole, Corn	Chicken Alfredo, Broccoli	Lasagna, Garlic Sticks, Side Salad	Baked Ham, Scalloped Potatoes, Roasted Carrots
DINNER	Goulash, Dinner Rolls, Cucumber & Tomato Salad	Baked Cod, French Fries, Coleslaw	French Onion Soup, Cheesy Texas Toast, Applesauce	Ham & Cheese Wraps, Roasted Potatoes, Cottage Cheese	Tater Tot Casserole, California Blend	Chicken & Rice Casserole, Cauliflower	Sloppy Joes, Sweet Potato Fries, Baked Beans
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES

Menu is subject to change; corrections will be made on facility menu.



a program of Baruch Senior Ministries

August - September 2024	Monday August 26th	Tuesday August 27th	Wednesday August 28th	Thursday August 29th	Friday August 30th	Saturday August 31st	Sunday September 1st
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Hashbrown, Eggs, Toast, Fruit	Cheese Omelets, Toast, Fruit	Cereal, Toast, Fruit	Bacon, Eggs, Toast, Fruit	French Toast, Fruit
LUNCH	Smoked Sausage, Sauerkraut, Roast Redskin Potatoes, Green Beans	BBQ Ribs, Mac- N-Cheese, Broccoli	Roasted Turkey Breast, Mashed Potatoes & Gravy, Stuffing, Corn	Swedish Meatballs, Butter Noodles, California Blend	Chicken & Peppers, Rice Pilaf, Peas & Carrots	Pork Chops, Scalloped Potatoes, Cauliflower	Quesadilla's, Spanish Rice
DINNER	Breaded Chicken Tenders, Garlic Pasta, Butternut Squash	Vegetable Beef Stew over Biscuits, Applesauce	Chili, Cornbread, Applesauce	Baked Chicken, Roasted Potatoes & Carrots	Cheeseburger Pie, Side Salad	Tomato Soup, Grilled Cheese, Applesauce	Hot Dogs, Macaroni Salad, Green Beans
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES

Menu is subject to change; corrections will be made on facility menu.