

# JUNE



On June 21, the longest day of the year the summer solstice, thousands of people will get together to celebrate Alzheimer's and Brain Awareness Month by honoring a person they love with the disease. "The Longest Day" is a sunrise to sunset event signifying the challenging journey for those with Alzheimer's and their caregivers, family members, and friends.

(<https://www.alzheimers.net/alzheimers-and-brain-awareness-month>)

### Fact:

Purple is one of the last colors those who are diagnosed with alzheimers tend to forget

**WEAR PURPLE IN THE MONTH OF JUNE**

## Announcements

Don't forget to follow us on our new facebook page. We will be posting on there to keep the community involved in what is going on in the facility.

<https://facebook.com/people/The-Horizon-Senior-Living-of-St-Helen/61555807117600/?mibextid=qi2omg>

## Monthly Scripture

Exodus 20:12 KJV

Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God Giveth thee.

## Birthdays

Residents:

Judy 7/14

Pamela 7/21

Staff:

Todd 7/4



A Program of Baruch Senior Ministries

<https://horizonseniorlivingsthelen.org/>