



a program of Baruch Senior Ministries

April to May 2024	Monday April 29th	Tuesday April 30th	Wednesday May 1st	Thursday May 2nd	Friday May 3rd	Saturday May 4th	Sunday May 5th
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Cheese Omelets, Toast, Fruit	Scrambled Eggs, Toast, Fruit	Cereal, Toast, Fruit	Bacon, Eggs, Toast, Fruit	Pancakes, Fruit
LUNCH	Baked Cod, French Fries, Broccoli	Hot Turkey Sandwiches, Mashed Potatoes & Gravy, Stuffing, Green Beans	Spaghetti with homemade Meatballs, Garlic Sticks	Tuna Casserole, Applesauce	Burrito's, Spanish Rice	Chicken-Ala- King with Biscuits	Philly Cheesesteak Casserole, Applesauce
DINNER	Chili, Cornbread, Cucumber Salad	Goulash, Dinner Rolls	Chicken Pot Pie Soup, Homemade, Crackers	BLT's, Hashbrowns	Cheeseburgers, Pasta Salad, Baked Beans	BBQ Meatballs, Macaroni & Cheese	Creamy Ham & Potato Soup, French Bread
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES



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May 2024	Monday May 6th	Tuesday May 7th	Wednesday May 8th	Thursday May 9th	Friday May 10th	Saturday May 11th	Sunday May 12th
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Hashbrowns, Eggs, Toast	Buttermilk Biscuits with Sausage Patty's, and Scrambled Eggs	Cereal, Toast, Fruit	Bacon, Eggs, Toast, Fruit	French Toast with Strawberries Happy Mother's Day
LUNCH	Smoked Sausage, Sauerkraut, Roasted Redskins, Green Beans	Pork Tenderloin, Angel Hair Pasta in cream sauce, Broccoli	Beef Pot Roast, Mashed Potatoes and Gravy, Carrots	Mary's Chicken and Vegetable Rice Bake	Lasagna, Garlic Sticks, Side Salad	Sweet and Sour Chicken, Rice, Spring Rolls	Pork Chops, Mashed Potatoes, Mushroom Gravy, California Blend
DINNER	Bread Chicken Breast, French Fries, Butternut Squash	PIZZA! PIZZA! Side Salad	Chicken Noodle Soup, French Bread	Grilled Cheese, Tomato Soup, Cottage Cheese	Taco's!! Applesauce	Sloppy Joes, Potato Salad, Baked Beans	Chicken Salad on Hawaiian Rolls, Sweet Potato Fries
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES



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May 2024	Monday May 13th	Tuesday May 14th	Wednesday May 15th	Thursday May 16th	Friday May 17th	Saturday May 18th	Sunday May 19th
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Corn Beef Hash, Eggs, Toast, Fruit	Resident Choice	Cereal, Toast, Fruit	Bacon, Eggs, Toast, Fruit	Waffles, Fruit
LUNCH	Baked Cod, French Fries, Broccoli	Roast Beef Shepards Pie, Cucumber and Tomato's	French Onion Soup, Cheesy Texas Toast	Fried Chicken, Mashed Potatoes and Gravy, Corn	Cheddar Brats, Tater Tots, Baked Beans	Chicken Parmesan Spaghetti, Side Salad	Chicken Pot Pie, Green Beans
DINNER	Italian Minestrone Soup, Italian Bread	Turkey Melt, Stuffing, Peas	Beef Pasty over Biscuits, Applesauce	Cabbage Roll Casserole, Dinner Rolls	Taco Salad, Spanish Rice	Creamy Ham and Potato Chowder Soup, French Bread	Egg Salad Sandwich, Sweet Potatoes
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES

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May 2024	Monday May 20th	Tuesday May 21st	Wednesday May 22nd	Thursday May 23rd	Friday May 24th	Saturday May 25th	Sunday May 26th
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Sausage Patty on Buttermilk Biscuit, Scrambled Eggs	Cheese Omelets, Toast, Fruit	Cereal, Toast, Fruit	Bacon, Eggs, Toast, Fruit	French Toast, Fruit
LUNCH	Beef Teriyaki, Scallion Rice, Spring Rolls	Scalloped Potatoes, Pork Tenderloin, Broccoli	BLT's, Hashbrowns, Cottage Cheese	Hot Dog Cook-Out, Spaghetti Salad, Baked Beans, Chips	Enchilada's, Side Salad	Salisbury Steak, Mashed Potatoes with Mushroom Gravy, Corn	Spaghetti & Meat Sauce, Garlic Sticks
DINNER	Goulash, Dinner Rolls	Vegetable Beef Soup, French Bread	Grilled Cheese, Tomato Soup, Cottage Cheese	Chicken Vegetable & Rice Casserole, Apple sauce	Meatballs & Bow Tie Pasta Bake, Italian Bread	Tuna Noodle Casserole, Tomato & Cukes Salad	Chicken Tenders, French Fries, Cauliflower
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES

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May to June 2024	Monday May 27th	Tuesday May 28th	Wednesday May 29th	Thursday May 30th	Friday May 31st	Saturday June 1st	Sunday June 2nd
BREAKFAST	Sausage, Eggs, Toast, Fruit	Oatmeal, Toast, Fruit	Resident's Choice	Scrambled Eggs	Cereal, Toast, Fruit	Bacon, Eggs, Toast, Fruit	Pancakes, Fruit
LUNCH	BBQ Chicken, Mac-N-Cheese, Green Beans	Baked Ham, Scalloped Potatoes, Broccoli	King Ranch Tortilla Bake, Corn	Chicken-Ala-King, Biscuits	Pork Chops, Mashed Potatoes & Gravy, Roasted Carrots	Sweet-N-Sour Chicken, Rice, Spring Rolls	Lasagna, Garlic Sticks
DINNER	PIZZA! PIZZA! Side Salad	Chili, Cornbread	Ham & Cheese Deluxe Wrap, Tater Tots, Apple sauce	Hamburgers, Macaroni Salad, Peas	Burritos, Side Salad	Sloppy Joes, Potato Salad, Baked Beans	Chicken Salad Sandwich, Sweet Potatoes
SNACK	JELLO	ICE CREAM	SNACK CAKES	COOKIES	YOGURT	FRUIT BARS	PUDDING
SNACK	PRETZELS	APPLES OR ORANGES	APPLESAUCE	BANANAS	POTATO CHIPS	SHERBERT	GRAPES

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